

• Craft rooms • Workshops • Utility areas • Home offices

**IDEA  
WISE**

# Activity Spaces



**Laura F. Gross**

*Inspiration & Information for the Do-It-Yourselfer*

## Design Wise



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### **WINE CELLAR INSULATION**

- To maintain proper humidity and temperature levels in your wine cellar, create a vapor barrier separation. Insulate the space between studs with batting, then attach sheets of 5 mil. polyethylene over the studwalls and seal the joints. You could also use rigid insulation behind studs with an open study cavity.

### **SEWING ROOM SAVVY**

- Sewing projects produce clutter, so set up space where you can manage clutter easily. If you don't have a separate room for sewing, a shared space will work fine as long as it's away from the main traffic in your home.
- Natural light is an important factor in a fully functional sewing room. Natural lighting reveals the true color balance of the materials you're working with. Even

“color corrected” artificial lighting isn't the same. The natural light from windows is also essential to give your eyes a break from the strain of stitching work. Finally, you will appreciate the ventilation a window affords.

### **INDOOR GARDENING**

- Indoor gardening and seeding requires two distinct spaces. You need a permanent storage area to store fertilizers, potting soils, seedling containers and other supplies, and a second space with a sink and counter for re-potting and seeding. This might be the laundry room, kitchen, or utility area.
- If you want to start seedlings in a space without natural light, set up seedling racks (fixtures that slide up and down to adjust to plant or flower height) beneath adjustable grow lights .
- Use a “heat mat” if your seeding space is cool. Seedling heat mats are water resistant electric heating pads made to fit below all standard growing flats and seedling trays. They elevate the seeding medium 10 to 12 degrees above room temperature for stronger roots and quicker germination.



## Arts, Crafts and Hobbies

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